



What will be accomplished?

Creativity, communication and public speaking skills, motivating strategies, creating optimal learning state, stress management and effective goal setting, are the skills and abilities to be gained among others for the participants' professional and personal development.

METHODOLOGY

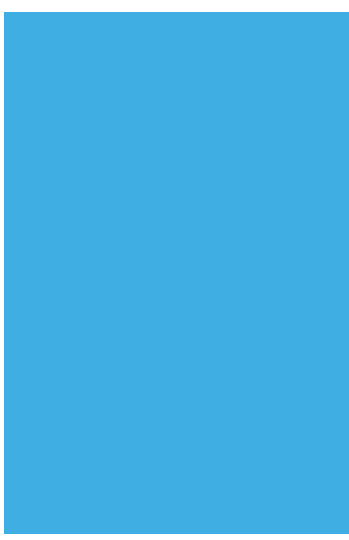
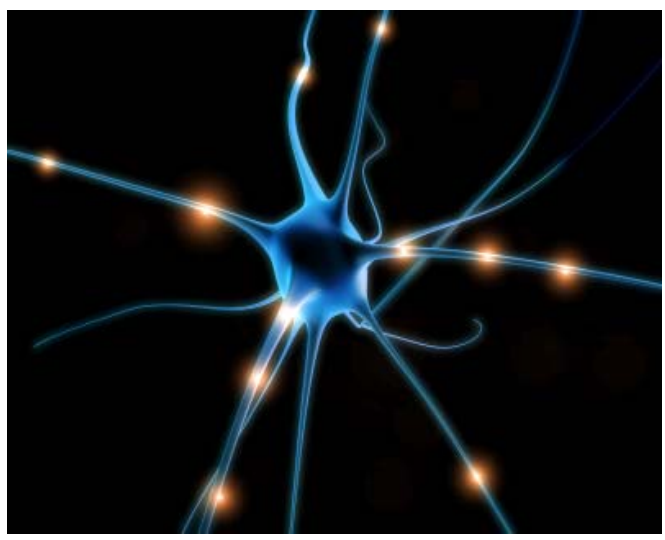
Presentations, exercises, role play, group work and reflection, demonstrations, case studies, brain storming, peer support, games.

The participants will also receive study manuals and worksheets that will be used during the seminar.

FOLLOW UP

The participants will be encouraged to form a network in order to continue exchange of ideas and support one another.

Up to 3 months after completion of the workshop, the participants will have opportunity to ask for advice (via email) if they face obstacles in using the new skills.



Lifelong Learning Programme

We would like to invite teachers, trainers, instructors, counselors, care workers and all adult educators from all over Europe to our unique **Grundtvig funded courses** taking place in the wonderful city of **Limassol in Cyprus**, from **May till August of 2012**.



Education and Culture
Lifelong Learning Programme



Details about the seminars:

Seminar 1:

"SELF LEADERSHIP SKILLS AS FOUNDATION FOR EFFECTIVE TEACHING AND LEARNING"

With two alternative dates to be chosen at your convenience:

- 02/07/2012 – 06/07/2012
- 30/07/2012 – 03/08/2012

The course provides knowledge and tools for better self leadership capacity in those involved in adult education. Issues such as stress management, creating optimal teaching and learning state, altering ineffective learning and teaching strategies, effective goal setting, aligning goals with core values, self motivation and self-feedback are addressed during the training. Having learnt these tools the educators will be equipped not only to become better leaders but also develop better curriculum (enriched with self leadership skills) and help their students to learn more effectively.

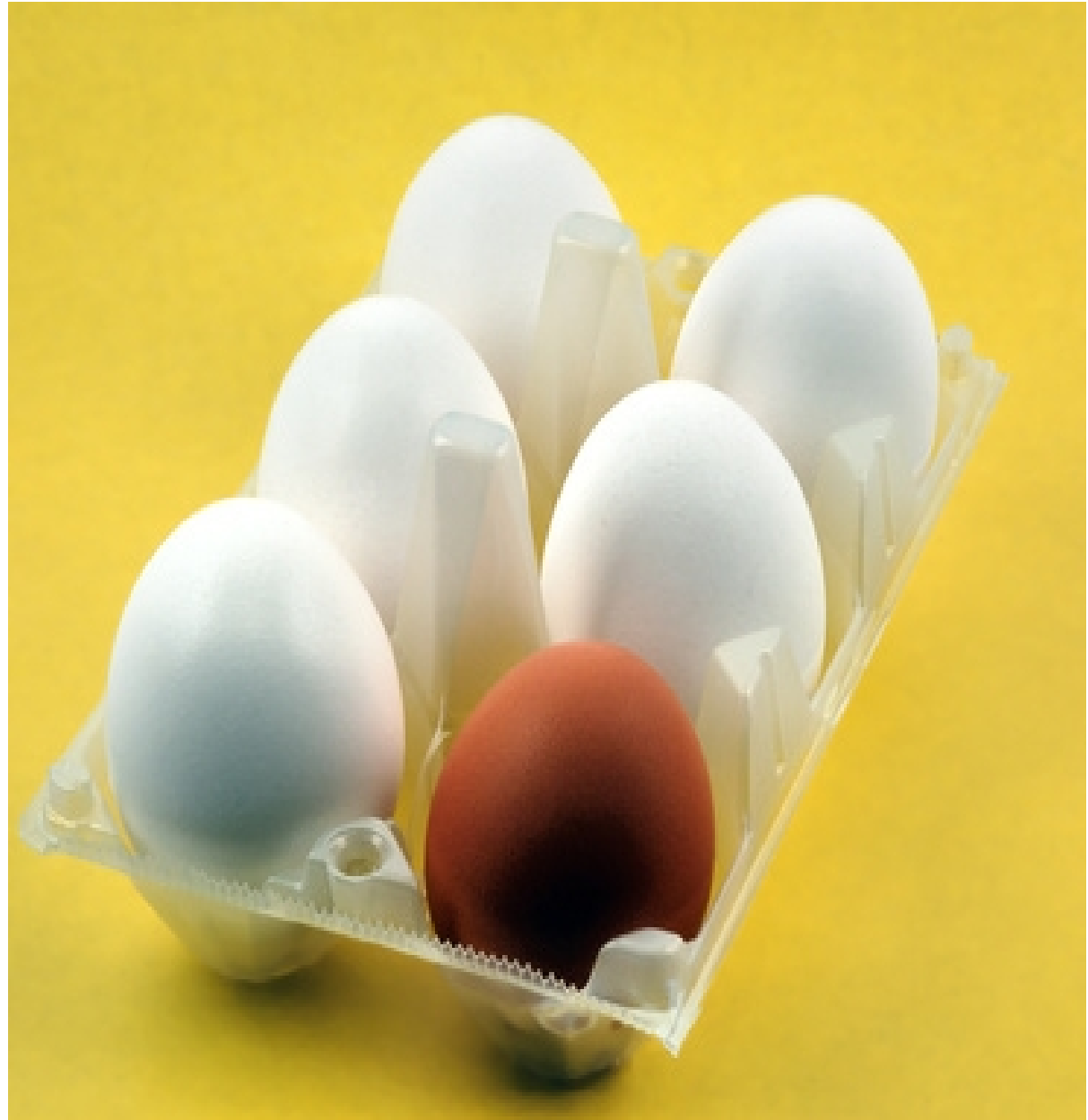


Seminar 2:

"UNDERSTANDING AND UTILIZING INTERPERSONAL DIVERSITY – COMPASSIONATE EDUCATOR GUIDE"

Date: 18/06/2012 – 22/06/2012

This seminar is based on personality typology called Enneagram. The system describes 9 basic personality types with their specific motivations, values, strong points and challenges. The aim of the seminar is to introduce Enneagram and enable the participants to apply the model in educational setting. By understanding different types of personalities those involved in education will be able to raise self awareness and understand their own strengths and challenges better, understand group dynamics and how different people meet their needs and solve problems in various ways, advance the skill of building relationships of mutual trust, respect and understanding, adjust teaching style to different types of students and communicate more effectively with learners and colleagues.



The course aims at equipping those involved in adult education in tools that will enhance their teamwork capacity as members of a team as well as team leaders. The participants will increase understanding of their own patterns as team members, their strengths and areas of development, understand group dynamics and different roles in group and ultimately they will be able to create more supportive learning environments, facilitate group process and utilize the learning opportunities provided by team work.



Seminar 3:

"TEAMWORK IN ADULT EDUCATION – FOR INDIVIDUAL AND SHARED SUCCESS"

With two alternative dates to be chosen at your convenience:

- 04/06/2012 – 08/06/2012
- 16/07/2012 – 20/07/2012

Seminar 4:

“PERSONAL MASTERY AND COLLECTIVE INTELLIGENCE IN ADULT EDUCATION”

With two alternative dates to be chosen at your convenience:

- 09/07/2012 – 13/07/2012
- 27/08/2012 – 31/08/2012



The ability of an individual to be the master of oneself is the most important and yet the most overlooked. Especially for adult educators who impact and have influence over adult learners, the ability to use mindfulness and take advantage of the collective intelligence and wisdom of a group is essential.

By taking a closer look at personal and professional skills, we enhance the personal development of adult educators, help them learn new tools and techniques and teach them to connect with others in a meaningful way.

Participants of the seminar are actively encouraged to become role models for others and can also encourage their students and trainees on the same path of self-empowerment.

Practical creative experimentation through experiential training during the seminar will lead to the development of self-reflection, communication, leadership and creativity skills of the participants which are vital in a learning environment.

Seminar 5:

“COMMUNICATION SKILLS IN ADULT EDUCATION”

Date: 14/05/2012 – 18/05/2012



Effective communication skill plays essential role in success of education as teaching is based on communication between a teacher/trainer and learners. Moreover, adult education centres require effective communication skills in management and administrative staff in order to constantly evolve, face obstacles, establish fruitful partnerships with other organisations and utilize new opportunities. The seminar will focus around issues such as verbal and non verbal communication, giving and receiving feedback, precision in communication, active listening and public speaking. Having learnt effective communication skills, the participants will be able not only to communicate with their colleagues and learners better but also enrich the content of their educational programs and develop effective communication skills in their learners.

All seminars take place in Limassol in sunny Cyprus

Participants will come from different European countries. The language of the course is English. Maximum number of participants is 20.

The classes will start everyday at 10 am and finish at 4:30 pm. There will be a lunch break and a coffee break as well.

During the class itself there will be time for presentations, exercises, group work, reflection, demonstrations and much more!

The participants will be accommodated in a 3 star hotel on full board in the beautiful city of Limassol. The accommodation cost is 600 EUR.

The seminar fee is 750 Euro.



Trainers:

Karolina Gladych

- M.S. in Psychology
- Certified NLP Trainer
- Certified NLP Master Practitioner
- Certified Enneagram Master
- Transactional Analysis
- Experience in working with international groups
- Dedicated to helping others bring more creativity, inspiration, joy and fulfillment into their professional and personal lives.



Sylvia Braun

- Certified NLP Master Practitioner
- Certified Enneagram Practitioner
- Certified Holistic Mind-Body Practitioner
- Experience in working with international groups
- Experience in running self-development and stress management workshops
- Experience in Coaching
- Dedicated to helping others achieve more of their potential





Naoum Liotas

- Certified in Gestalt Organizational Consulting
- MBA, Specialization in Human Resource Management
- More than 1000 hours of self-development work in Dramatherapy workshops
- Work experience as a trainer for teachers, consultants, coaches, professionals and adult educators
- Works with teams and individuals to enhance awareness, creativity, leadership and other personal skills
- Work experience as a project manager and project coordinator and experience in working with multinational groups.

Ole Pill

- Internationally certified HR Coach
- Certified NLP Master Practitioner
- Certified Enneagram Master Practitioner
- Experience in working with international groups
- Experience in leadership coaching, teen coaching and stress management





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